

Report for: Children’s Scrutiny 26 February 2026

Title: **Healthy Weight Strategy: Progress on tackling unhealthy weight in childhood**

Report authorised by : Ann Graham, Corporate Director of Children’s Services

Lead Officer: Linda Edward, Senior Commissioner Public Health
Benjamin Seifert, Public Health Officer – Healthy Schools Programme Lead

Ward(s) affected: N/A

**Report for Key/
Non Key Decision:** For Information and Noting

1. Describe the issue under consideration

- 1.1 The Haringey Healthy Weight Strategy (2022-25) set out to promote healthy weight and to create a framework for addressing unhealthy weight and working with partner agencies. It applies a Health in All Policies (HiAP) perspective and a “whole systems / life course” approach, through four priority areas linked to Haringey’s Health and Wellbeing Strategy: Start Well, Live Well, Age Well, and Healthy Place.
- 1.2 This report covers the current healthy weight data for children and young people, corresponding to the Start Well and Healthy Place priorities of the Healthy Weight Strategy (2022-25). It details the Public Health approach to healthy weight for children and young people in Haringey, alongside our current actions and planned next steps, which includes the refresh of the Healthy Weight Strategy for 2026-29.

2. Cabinet Member Introduction

N/A

3. Recommendations

- 3.1 That Members note contents of this report.